

# OCTOBER 2024

# Tours & Activities Calendar



	TIME / LOCATION	ACTIVITY	DESCRIPTION
<b>DAILY</b>	10 am - 12 pm / Guest Lounge 8 am - 9 pm / Rec Desk 8 am - 9 pm / Rec Desk 7 pm - 9 pm / Rec Desk	Kids Craft Animal Olympics Rush Creek Ranger S'mores	Join us for a self-guided craft for the kids. A property-wide challenge that tests your animal skills Pick up a scavenger hunt that will take you all over Yosemite. Enjoy a classic, delicious campfire treat!
<b>MON</b>	1 pm - 4 pm / Rec Desk 6 pm / Guest Lounge	Gold Excavation (\$5) Nature Talk	Get your chisel ready--you might just strike it rich! Join us for an informative, all-ages talk about Yosemite.
<b>TUE</b>	1 pm - 4 pm / Rec Desk 6 pm / Guest Lounge	Geodes (\$10) BINGO!	Crack open a geode, and discover the crystals inside! Prizes are on the line for the first to shout BINGO!
<b>WED</b>	1 pm - 4 pm / Rec Desk 6 pm / Guest Lounge	Sierra Critters (\$5) Trivia	Paint a wooden replica of Yosemite's resident reptiles. Test your knowledge, and win big!
<b>THU</b>	1 pm - 4 pm / Rec Desk 7:30 pm / Fire Pit	Wood Ornaments (\$5) Spooky Campfire Stories	Paint a wooden ornament to take home with you. Join us by the fire for a spooky story.
<b>FRI</b>	1 pm - 4 pm / Rec Desk 6 pm / Guest Lounge	Tie Dye (\$20) Nature Talk	Celebrate in style! Join us for an informative, all-ages talk about Yosemite.
<b>SAT</b>	1 pm - 4 pm / Rec Desk 6 pm / Guest Lounge	Geodes (\$10) BINGO!	Crack open a geode, and discover the crystals inside! Prizes are on the line for the first to shout BINGO!
<b>SUN</b>	1 pm - 4 pm / Rec Desk 6 pm / Guest Lounge	Terrarium Craft (\$10) Trivia	Build your very own faux terrarium from scratch!. Test your knowledge, and win big!



Schedule and activities subject to weather, holiday offerings and changing conditions. Visit the Recreation Desk for updates.

# HIKES & TOURS

## Wonders of Yosemite Hike & Tour

This 2-in-1 Yosemite Valley and Giant Sequoia guided naturalist tour is a memorable, fun way to get to know the park from an insider's perspective. Enjoy dramatic waterfalls, a spectrum of colorful landscapes and majestic Giant Sequoia trees.

*9am - 5:30pm, Beginner-Intermediate Effort, \$195 per adult, \$125 per youth (ages 8-15)*

## Range of Light Yosemite Valley Tour

Following the footsteps of John Muir, we visit the Valley's most famous and impressive wonders as well as its hidden secrets, with plenty of time to stop, relax and enjoy on this Yosemite Valley Tour.

*9am - 3pm, Beginner Effort, \$160 per adult, \$105 per youth (ages 4-15)*

## Yosemite Valley and Glacier Point Tour

Explore a wide-ranging collection of Yosemite's most famous icons, including Glacier Point. Continue to Yosemite Valley with stops that may include The Ahwahnee Hotel, Yosemite Falls, Mirror Lake, and El Capitan Meadow to spot climbers in action.

*8:30am - 4:30pm, Beginner Effort, \$195 per adult, \$125 per youth (ages 4-15)*

## Yosemite High Country Naturalist Tour

Discover the less traveled Yosemite High Country, where we visit scenic vistas, take short walks and relax among stunning alpine lakes, meadows, rivers, granite domes and peaks.

*8:30am - 5pm, Beginner-Intermediate Effort, \$210 adult, \$135 youth (age 4-15)*

## Hetch Hetchy Wapama Falls Naturalist Hike

Our 2.2-mile hike (each way) to the iconic 1400' tall Wapama Falls winds its way above the shores of the tranquil reservoir, with splendid walking among granite, wildflowers, creeks and small meadows. We'll relax at Wapama falls before heading back; those feeling energetic can continue past the falls.

*10am - 2:30pm, Intermediate Effort, \$135 per adult, \$90 per youth (ages 8-15)*

## North Dome Naturalist Hike

Yosemite is a hiker's paradise and North Dome is one of its most premier destinations. North Dome provides an impressive perch on the North Rim of Yosemite Valley to gaze out at massive Half Dome and the surrounding cliffs, canyons and peaks. We begin from the trailhead off of Tioga Road, which bisects Yosemite's breathtaking High Country.

*8:30am - 5pm, Intermediate-Advanced Effort, \$195 adult, \$125 youth (age 9-15)*

## Taft Point & Sentinel Dome Naturalist Hike

This 5.8-mile hike takes you between two stunning lookouts (Taft Point and Sentinel Dome) that gaze over the entirety of the valley throughout the majority of your hike.

*7:30am - 3:30pm, Intermediate Effort, \$200 adult, \$130 youth (age 9-15)*

Tour pricing does not include the \$20 per adult admission fee, waived with Yosemite Annual Pass or America the Beautiful Pass.



## TRY SOMETHING NEW

### Glass Blowing

Join our experts for an exciting introduction to the art of hot glass blowing, and create your very own piece of glass art. No experience is necessary. All take-home glass pieces need overnight annealing (a cooling process) and will be ready for pick up the next day.

*\$95 per person, See Recreation Desk for availability.*

*Advance Reservation Required. Last day October 19*

### Basket Weaving

This class guides students through how to make a traditional California Native-style one-rod coiled basket with user-friendly raffia over a paper core, plus information about cultural practices of the Miwuk and Paiute.

*\$60 per person, ages 10+. See Recreation Desk for availability.*

### Gemstone Bead Bracelets

Make a beautiful bracelet keepsake of your Yosemite adventure using a variety of real gemstone, glass, wood, and other natural material beads. Class fee includes all materials needed.

*\$50 per person, ages 10+. See Recreation Desk for availability.*

### Yosemite Cross-Stitch

Relax and enjoy making these Yosemite-inspired mini cross-stitch designs that include animals, plants, and familiar landmarks from around the park.

*\$45 per person, ages 8+. See Recreation Desk for availability.*

### Fly Fishing with ECHO Adventure Cooperative

Join us for private, guided, catch and release fly fishing trips for rainbow and brown trout in the Tuolumne and Merced River watersheds with our partner Echo Adventure Cooperative.

*Half Day and Full Day trips available. See Recreation Desk for details.*

### Yosemite Paint Party

Grab your friends and family and join step-by-step instruction with our experienced and enthusiastic local artists during our Yosemite Painting Party. You'll leave with a one-of-a-kind Yosemite creation to take home and plenty of great memories.

*\$45 per person, See Recreation Desk for availability.*

*Advance Reservation Required.*

## ELEVATE YOUR EXPERIENCE

### Stargazing at Rush Creek

Join us for a journey through the night sky! Far from light pollution, you'll be up close to nature's light show, gazing through our Unistellar eV2scope digital telescope. Observe stars, planets, constellations, and glimmering galaxies while learning about the mythology of the night sky.

*Advance reservation required - Start times vary.*

*\$35 per adult, \$25 per youth (15 and under)*

### California Craft Beer Tasting

California is home to hundreds of craft breweries and we can introduce you to a few of them! Sample a variety of local craft beers while learning what makes each one unique.

*\$35 per person (ages 21+). See Recreation Desk for availability.*

### Yosemite Flight Tours

Experience Yosemite from above with this once-in-a-lifetime flight over The Sierra Nevada wilderness. Enjoy a rare view with unmatched photography opportunities as you soar above the mountains.

*For more information and to reserve, visit the rec desk.*

*One hour morning trips, \$249 per person (all ages)*

### Miller's Off Road Adventure Jeep Tour

Explore the doorstep of Yosemite National Park during this off road adventure tour through the pristine Stanislaus National Forest. Experience the breathtaking Tuolumne River Canyon with its incredible wildlife and mountain vistas!

*\$350 per Jeep; For more information and to reserve, visit the rec desk.*

### Gear Rentals

Bicycles - \$40 (full day) \$20 (2 hours)

Inflatable Stand up Paddleboard - \$60

Backpack - \$15

Kid Carrier - \$35

Trekking Poles (set of 2) - \$15

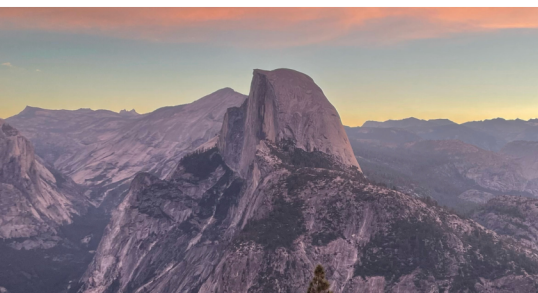
Binoculars - \$15

Stroller - \$35

Tenkara Fly Fishing Kit - \$40

Yoga Mat/Blocks - Complimentary

*Stop by the Recreation Desk for available items and further details.*



For more tour options, availability, and reservations visit the Recreation Desk in the Guest Lounge, [RushCreekLodge.com/Explore](http://RushCreekLodge.com/Explore), or contact us at (209) 379-2373 x 3 or [recreation@RushCreekLodge.com](mailto:recreation@RushCreekLodge.com)

# RUSH CREEK SPA

## DAY USE

Experience true relaxation and rejuvenation in our beautiful award-winning spa! Our facilities include innovative amenities such as Warm Waterfall Coves, Himalayan Salt Block Dry Sauna, Granite Waterfall Mineral Hot Tub, Aromatherapy Sensory Room, and much more.

Family Use	Early Afternoon	Late Afternoon	Twilight Use
8-11am	11am-3pm	3-7pm	7-10pm
\$45 ages 6 & up, 5 & under free	\$65 ages 16+	\$65 ages 16+	\$45 ages 16+

## FAMILY & FRIENDS PRIVATE SPA EXPERIENCE

Enjoy two hours of playful relaxation for the entire family, including the kiddos, with exclusive use of all Spa amenities, including spa beverages, savory snacks and sweet treats.

*Starts at \$1,600 for 2 hrs. All ages welcome. Advanced booking required.*

## MASSAGE TREATMENTS

### Swedish Massage

Unwind with a relaxing massage that improves circulation and vitality while easing muscle tension through a variety of light to medium-firm techniques.

50-minute \$180 | 80-minute \$220

### Deep Tissue Massage

Intensive therapy targets specific areas of muscle tension, releasing tightness and reducing pain through use of firm pressure.

50-minute \$210 | 80-minute \$260

### Pregnancy Massage

Using adaptable massage techniques appropriate for your pregnancy stage, we ease the stress of both body and mind.

50-minute \$200 | 80-minute \$240

### Rush Creek Signature Massage

Our signature treatment integrates Swedish techniques, ayurvedic oil, hot stone and sound therapy, and balancing chakra crystal treatment.

80-minute \$260

### Hiker's Delight Massage

The combination of massage, hot stones and light exfoliation with muscle relief oil soothes sore muscles and aching joints.

80-minute \$250

## SKIN CARE TREATMENTS

These deep-cleaning experiences will leave you feeling revitalized, relaxed and rejuvenated. Our skin care experts use 100% natural products and craft unique, custom blends. Choose to emphasize Anti-Aging, Hydrating or Cleansing with your treatment.

*Treatments start at \$180 for 50-minutes*



209.379.2425

[Spa@RushCreekLodge.com](mailto:Spa@RushCreekLodge.com)

[RushCreekLodge.com/Spa](http://RushCreekLodge.com/Spa)